How Employee Engagement Matters for Hospital Performance

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Abstract

Managers increasingly understand that employee engagement is a prerequisite for high performance. This article examines how job, work environment, management and organizational factors influence levels of engagement among healthcare employees. Original data come from the Ontario Hospital Association-NRC Picker Employee Experience Survey, involving over 10,000 employees in 16 Ontario hospitals. The article provides a clear definition and measure of engagement relevant to healthcare. In addition to identifying the main drivers of engagement, findings shows that a high level of employee engagement is related to retention, patientcentred care, patient safety culture and employees' positive assessments of the quality of care or services provided by their team. Implications of these findings for healthcare leaders are briefly considered.

ngaged employees are essential to the success of any organization. Increasingly, healthcare employers are taking steps to strengthen this people-performance Ink. While many studies have looked at the job satisfaction of healthcare employees, we know far less about how the broader concept of engagement applies to healthcare settings. Furthermore, a lack of good data on employee engagement in Canadian healthcare organizations has made it difficult to use the concept as a workplace improvement tool, which has been the case in other industries.

This article fills these gaps. Using results from the first wave of the Ontario Hospital Association (OHA)-NRC Picker Employee Experience Survey (EES), involving over 10,000 employees in 16 Ontario hospitals, this article does three things: (1) provides a clear definition and measure of engagement; (2) examines the main work environment drivers of engagement; and (3) documents the relationship between levels of employee engagement and critical organizational outcomes.

The Quality Healthcare Workplace

High-performing organizations have healthy and engaged employees. Their work environments are designed to enable the development and utilization of the "people capacity" required for success. Critically important in this regard is a culture that values employees, leadership commitment to the organization's people-development goals and support systems that enable people to excel in their jobs (Lowe 2010).

These ideas have taken root in healthcare and are evolving. A decade ago, the focus was on creating healthier workplaces. For example, the US Joint Commission on the Accreditation of Healthcare Organizations linked high-quality care and healthy workplaces in this way: "A healthy workplace is one where workers will be able to deliver higher-quality care and one in which worker health and patients' care quality are mutually supportive. That is, the physical and emotional health of workers fosters quality care, and vice versa, being able to deliver high-quality care fosters worker health" (Eisenberg et al. 2001: 447). Now, experts and practitioners are calling for a comprehensive, strategically focused approach to measuring and reporting the quality of healthcare work environments. (See Healthcare Papers 10[3], published in 2010; the issue focuses on using common work environment metrics to improve performance in healthcare organizations.) This is a big step beyond workplace health promotion programs, integrating employee well-being within a comprehensive framework for improving the quality of healthcare.

We also are learning more about the positive relationship between staff satisfaction and patient satisfaction, echoing private sector research showing strong correlations between employee engagement scores and customer experiences (Harmon and Behson 2007; Heskett et al. 2008). Recent studies in healthcare indicate that managers can improve patient care experiences by improving employee satisfaction and retention (Collins et al. 2008; Michie and West 2004; Rondeau and Wagar 2006; Sikorska-Simmons 2006). Research conducted in England's National Health Service documents how hospitals with higher levels of staff engagement provide higher-quality services and

have better financial performance (West et al. 2011).

To support this new direction in evidence-based human resource practices, OHA recently created the Quality Healthcare Workplace Model (Figure 1). The model outlines how health system performance depends on a capable workforce in healthy and productive workplaces. The OHA's model suggests that the quality of the work environment for staff and physicians is a key determinant of a high-performing healthcare organization. By integrating healthy workplace, human resources, quality and patient safety goals within a performance-focused framework, the model offers a useful guide to research and practice. At the centre of the model is employee engagement.

Study Background

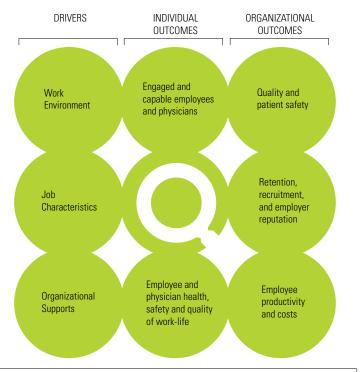
The development of the EES was guided by the model in Figure 1. The 95-item questionnaire assesses the drivers, individual outcomes and organizational outcomes specified in the model. (For further information, see OHA's OHA-NRC Picker Employee and Physician Experience Surveys Backgrounder.) A companion survey for physicians was also developed but is not our focus

> in this article. NRC Picker Canada was a partner in the development of both surveys. Some of the work environment, patient safety and patient care items were adapted from earlier NRC Picker surveys. I acted as the project consultant.

The first wave of OHA members to use the EES did so in late 2010 and early 2011. The total sample analyzed here consists of 10,702 employees from 16 facilities. Table 1 shows that response rates vary across peer groups, ranging between 45 and 60%. The overall sample response rate is 46%, which is acceptable for an employee survey (Baruch and Holtom 2008). (In studies published in peerreviewed academic journals, the average response rate for employee surveys within organizations is 53%.) The sample composition reflects a concentration of employees in community hospitals (43% of the total sample) and teaching hospitals (30% of total). The nine facilities in the two other peer groups account for 27% of all respondents.

Looking briefly at respondents' characteristics, most have been in their current job and with their employer for six years or longer. More than two thirds are full-time employees; the same proportion are union members. A small percentage (6%) is in

FIGURE 1. **Ontario Hospital Association Quality Healthcare Workplace Model**



Enabling context: strong values - compelling vision - clear mission - committed leadership

Source: Reproduced with permission from the Ontario Hospital Association.

TABLE 1. Sample characteristics by peer group

Peer Group	Number of Respondents	Response Rate (%)	Percentage of Total Sample
Community hospitals ($n = 5$)	4,613	45	43
Teaching hospitals ($n = 2$)	3,260	45	30
Non-acute facilities: complex continuing care, rehabilitation and mental health, community health centres ($n=5$)	1,986	49	19
Small hospitals (n = 4)	843	54	8
Total (n = 16)	10,702	46	100

temporary, per-diem or standby arrangements. About one in five have management responsibilities. And two thirds have frequent patient contact. Most (86%) respondents are female, and there is a good representation of older and younger employees (9% are under the age of 30 years, 18% are between the ages of 30 and 39, 31% are 40–49, 34% are 50–59 and 8% are 60 years and older).

How Employees Experience Their Work

The EES asks employees to assess 36 features of their job, training and development opportunities, their team, their supervisor, senior management and how the organization supports its employees. These factors are on the left side of the OHA model (see Figure 1). Logically, they can be considered upstream influences on – or "drivers" of – employee engagement.

Presented in Table 2 are the percentage of positive answers to each of the evaluative items (combining responses of four and five on five-point response scales). Items receiving positive ratings of 60% or higher are called "strengths," and items with positive scores of 40% or less are labelled "improvement priorities" (each is colour coded in Table 2). These cut points are based on results for the entire sample; individual organizations are encouraged to use this approach to interpret their own employee survey results and plan follow-up actions.

A quick look at Table 2 reveals that the responses are most positive regarding aspects of respondents' team or work unit. It is notable that 70% or more of respondents positively rate their team as working well together, welcoming people from diverse backgrounds and being respectful and supportive of each other. Supervisors also receive a positive rating for fair treatment of employees. And senior managers are widely seen to be committed to high-quality care and to improving workplace safety.

The items with the lowest positive ratings identify opportunities for improvement. Beginning with teams, this general area of strength received low positive ratings on two measures of workload: the percentage of respondents disagreeing or strongly

disagreeing with the statement, "We work in 'crisis mode' trying to do too much, too quickly," and the percentage agreeing or strongly agreeing with the statement, "We have enough staff to handle the workload." None of the supervisory ratings fall at or below 40% positive. However, one senior management behaviour - acting on staff feedback - receives only a 31% positive rating.

The lowest ratings are on two dimensions: training and development, and job characteristics. Career development opportunities receives the lowest positive rating (17%) of any of the 36 items being considered here. Furthermore, only one in three respondents positively rate the opportunities they have to make improvements in how their work is done, or to receive education and training. In terms of job characteristics, there is considerable room for improvement in three areas: recognition, work-life balance and flexibility in hours and schedules. Lack of time and other resources to do one's work also receive low positive ratings.

Employee Engagement

A high level of engagement is a strategic goal for a growing number of organizations in many industries, including healthcare. Engaged employees are committed to their employer, satisfied with their work and willing to give extra effort to achieve the organization's goals. Evidence suggests that engagement influences other major human resources goals, such as retention, job performance, absenteeism and (indirectly through the employer's reputation) recruitment (Gibbons and Schutt 2010; Macey and Schneider 2008).

Human resources experts prefer a multi-dimensional approach to measuring engagement. This combines a number of questionnaire items into a scale, yielding a single engagement score. The resulting composite engagement metric can be useful to employers for tracking progress on actions taken to improve employee engagement. Employee engagement scales typically combine job satisfaction, organizational commitment and other performance-related indicators of a motivated employee.

TABLE 2. Respondents' positive ratings of work environment dimensions

Dimension	Questionnaire Item	Positive Responses*† (%)
Job characteristics	Able to decide how to do work	55.3
	Have clear job goals/objectives	51.2
	Flexibility in schedule/work hours	38.4
	Balance of family/personal life with work	35.2
	Have adequate resources/equipment to do work	30.3
	Have time to carry out all your work	22.8
	Get recognition for good work	22.0
Training and development	Opportunity to use skills	51.3
	Opportunity to take initiative	45.4
	Opportunity to make improvements in how your work is done	34.1
	Opportunity to receive education/training	30.7
	Opportunity to advance in career	17.0
Work team	We work together and help each other out	76.1
	People from diverse backgrounds feel welcome	74.6
	We treat each other with respect	71.3
	We support one another	70.1
	Feel I belong to a team	69.0
	Able to make suggestions to improve work of unit/team	63.7
	We collaborate well with other teams/units	54.9
	Communication is open/honest	49.2
	Consulted about changes that effect unit/team	42.3
	We have enough staff to handle workload	30.9
	We work in crisis mode (disagree)	24.0
Immediate supervisor	Supervisor treats you fairly	67.4
	Supervisor can be counted on to help with difficult tasks	55.4
	Supervisor helps access training/development	50.6
	Supervisor provides feedback on job performance	46.6

TABLE 2. Continued

Dimension	Questionnaire Item	Positive Responses*† (%)
Senior management	Senior management is committed to high-quality care	62.3
	Senior management is committed to improving workplace safety	62.0
	Senior management communicates clearly with staff regarding goals	48.9
	Senior management acts on staff feedback	30.7
Organization	I understand the goals of this organization	67.3
	Organization provides a clean work environment	60.4
	Organization promotes staff health/wellness	52.3
	Organization values my work	46.1
	I feel that I can trust this organization	37.3

^{*}Combines responses of 4 and 5 on a 5-point scale, where 1 = strongly disagree, 2 = disagree, 3 = neither agree nor disagree, 4 = agree and 5 = strongly agree. Green shading indicates strengths (60% positive or more); blue shading indicates improvement priorities (40% positive or less).

Measuring Engagement

The use of a multi-item scale score can streamline survey followup and support a more detailed statistical analysis of results, especially testing predictive models that show the "net" impact of specific drivers on engagement. Standard social science practices were followed in constructing the EES engagement scale. Scale items were selected based on frequency distributions, correlations, face and construct validity considerations and factor analysis. (Factor loadings for the six items range between .77 and .89 [i.e., these items measure the same underlying concept – engagement] and Cronbach's reliability α is .92. The engagement scale has a range of six to 29 [five items are measured on five-point "disagree-agree" scales, and one item is measured using a four-point scale], a mean of 20.4 and a standard deviation of 5.2.) The resulting engagement scale has high internal reliability (tested using Cronbach's α, a statistic with a range of zero to one, with closer to one being better).

The six items in the engagement scale measure the key dimensions researchers have identified as being central to the concept of employee engagement (Gibbons and Schutt 2010). Specifically, the engagement scale developed for the EES measures three dimensions of engagement:

• Emotional: I am proud to tell others I am part of the organization. I find that my values and the organization's values are similar.

- Rational: I am satisfied with (my) job overall. Overall rating of the hospital as a place to work (from poor to excellent).
- Behavioural: I look forward to going to work. This organization really inspires the best in me in the way of job performance.

This scale provides a robust and comprehensive measure of employee engagement, captured in a single metric.

Identifying High-, Medium- and Low-Engagement

To simplify further analysis and reporting, engagement scale scores were grouped into low, medium and high categories, based on the distribution of scale scores. The high-engagement group consists of individuals who responded four or five on the fivepoint items and three or four on the one four-point item (their score was 23 or higher out of 29). The medium-engagement group had scale scores between 19 and 22 (note that the overall scale mean is 20.3 and the median is 21, both falling within this group). The low-engagement group scored 18 or lower.

Consistent with the distribution of engagement scores, which is skewed slightly toward the low end of the scale, 33% (n = 3,323) of all respondents are in the low category, while 39% (n = 3,958) are in the medium- and 29% (n = 2,925) are in the high-engagement categories, respectively.

[†]Numbers of respondents for items vary between 10,177 and 10,596 due to missing data.

Basic Variations in Engagement

A higher percentage of high-engagement employees work in non-acute facilities (i.e., community health centres, continuing care, rehabilitation and mental health facilities) compared with other peer groups. Furthermore, small hospitals have a slightly higher percentage of fully engaged employees, compared with teaching hospitals and community hospitals. These differences underline the need to develop peer group benchmarks for tracking employee engagement and other key workplace metrics.

Variations in peer group engagement levels may, however, reflect differences in staff composition, the populations being served, organizational contexts or other factors. Thus, it is important to compare the organizations within peer groups to gain a fuller understanding of the range of factors influencing engagement. For example, additional analysis revealed more variation among the five organizations within the community hospital peer group than among the peer groups as a whole. The same is true for the four small hospitals in that peer group.

Furthermore, highly engaged employees are more likely to be found in certain demographic or employee groups. While there are no significant gender differences in engagement levels, there are interesting differences among age groups. Survey respondents under age 30 years and those 60 years and older are more likely to be highly engaged than their coworkers between the ages of 30 and 59 years.

There also is a "newness effect," with new recruits to the organization and continuing employees who recently moved into another position experiencing an initially heightened sense of engagement. However, this newness effect wears off by the five-year mark. The biggest drop in engagement happens between a new hire's first and second year with the organization, signalling a problem that orientation programs must address. The same is true for ongoing employees settling into a new position. Indeed, 42% of respondents who have been in their job less than one year are in the high-engagement group. This drops to 34% for those who have been in their job one to two years and declines further, to 30%, in years three to five.

Also notable is that engagement levels are slightly higher among part-time employees and those employed other than in full-time positions. Temporary, per-diem and on-call workers also report slightly higher engagement levels. Both these findings raise some interesting questions about the role that employment flexibility and length of work hours may play in engagement.

Finally, survey respondents who are not union members are slightly more engaged than their unionized counterparts. And employees with managerial responsibilities also are somewhat more engaged, compared with non-managerial employees (these are overlapping groups).

We cannot read too much into these findings. After all, we are looking at the relationship between each demographic or employment characteristic and engagement in isolation from

other possible influences. Many factors, particularly the work experiences discussed in the previous section, may also be important. To illustrate, new recruits (who also are likely to be young) may initially receive adequate training and career development and get regular recognition for their work - three work environment features that generally receive low ratings. So these initial job experiences, not seniority, would explain the higher engagement levels of new recruits. The next section sheds light on the factors that influence engagement.

Drivers of Engagement

The variations in engagement scores just discussed raise further questions about what job, work environment, management and other organizational factors influence engagement. The EES can provide answers.

Top-10 Engagement Drivers

Regression analysis was used to identify "net impacts" on engagement scale scores. (The multivariate statistical analysis reported in this section uses linear regression models that do not determine "causation" but, rather, can measure how much of the variation in the engagement score is explained by each factor [measured by a questionnaire item], after taking into account all other factors included in the regression model. So the term net impact is a non-technical way of describing the explanatory power of a particular variable on an outcome, in this case engagement, after having taken into account the influence of all other variables in the model on that outcome.) This statistical modelling finds that most (over 70%) of the variation in engagement scores among all survey respondents can be accounted for by 10 questionnaire items. Here are the top-10 work environment drivers of engagement, rank ordered by their net influence on engagement scores:

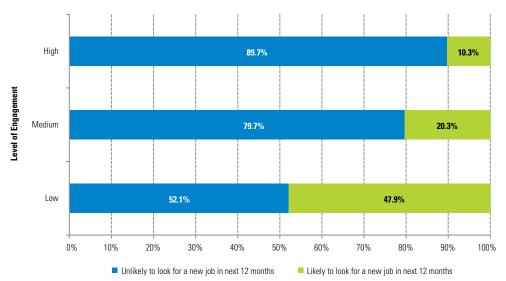
- 1. I feel I can trust this organization.
- 2. I have an opportunity to make improvements in work.
- 3. The organization values my work.
- 4. Senior management is committed to high-quality care.
- 5. I have clear job goals/objectives.
- 6. I feel I belong to a team.
- 7. My organization promotes staff health/wellness.
- 8. I have a good balance of family/personal life with work.
- 9. My supervisor can be counted on to help with difficult tasks.
- 10. I have adequate resources/equipment to do my work.

Two points should be kept in mind when considering the top-10 engagement drivers. First, the regression analysis included 36 EES items assessing jobs, training and development opportunities, work team, immediate supervisor, senior management and organizational supports. Second, the analysis also took into account the possible influences on engagement of

peer group, as well as the demographic and employment characteristics shown, in our earlier discussion, to be related to engagement.

One could argue that trust is an outcome of these other work experiences and, as such, should not be included in the multivariate analysis as a potential driver of engagement. Trust is a complex property of organizational life, being both a cause and effect of work experiences and performance. After





n = 10,053. Group differences are statistically significant (p < .001).

removing trust from the regression model, the list of top-10 drivers of engagement remains largely the same, with only two minor changes. First, the rank ordering shifts slightly: the top three factors are (1) the organization values my work, (2) senior management is committed to high-quality care and (3) I have clear job goals/objectives. And, second, while the role of supervisors remains important, "My supervisor can be counted on to help with difficult tasks" is replaced by "My supervisor treats me fairly."

Other Influences on Engagement

Beyond the top-10 engagement drivers, other work environment factors influence engagement scores. Employees' assessments of the following work environment factors had a statistically significant influence on engagement scores, albeit less so than the top-10 factors:

- I have the opportunity to use my skills.
- I understand the goals of this organization.
- I am able to decide how to do work.
- We have enough staff to handle workload.
- My supervisor treats me fairly.
- I have an opportunity to receive education/training.
- My unit or team does not work in crisis mode.
- My unit or team members treat each other with respect.
- I have the opportunity for career advancement.
- Senior management communicates with staff about what they are trying to achieve.

The newness effect on engagement, discussed earlier, disappears when a broad range of work environment factors is taken into account. Facility type (being employed in a teaching hospital) and employment status (part-time or "other" employment status, being temporary/per diem or standby and not being a union member) have very small positive effects on engagement. Each of these factors explains less than 1% of the variation in engagement scores.

Engagement and Key Outcomes

The OHA Quality Healthcare Workplace Model suggests that more-engaged employees are better able than their less-engaged colleagues to achieve organizational goals. This section provides empirical confirmation that this indeed is the case, focusing on four outcomes: retention, quality of patient care or services provided by the respondent's team/unit, patient safety culture and patient-centred care.

Retention

One of the major human resource goals of any healthcare organization is to retain competent staff. Turnover is costly. It is widely assumed that more-engaged employees stay and contribute. As Figure 2 shows, this is the case among EES respondents. While close to half of disengaged employees will be job hunting in the next 12 months, only one in 10 of those who are highly engaged will be looking for a new job with a different employer. In other words, 90% of highly engaged employees plan to stay with the organization, at least for the near future.

Work Unit Service Quality

Increasingly, healthcare organizations are using a variety of tools to assess the quality of patient care and of the non-clinical services provided. These tools range from wait times and hospital readmissions to patient satisfaction surveys, awards for service quality and informal client feedback. The EES provides another equally useful metric for assessing quality: employees' perceptions of the quality of patient care and other services provided by their work unit.

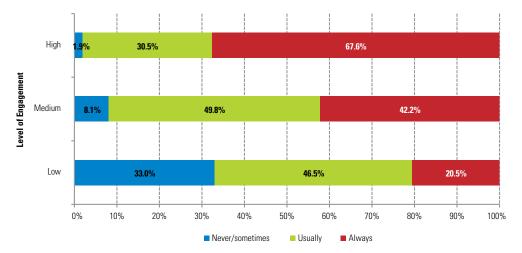
Figures 3 and 4 document a clear pattern in patient care and service quality. These results suggest that achieving higher levels of employee engagement is part of the solution to quality improvement. In both clinical and non-clinical units (based on whether or not EES respondents have direct patient contact), two thirds of highly engaged employees report that their work units "always" provide top-quality service. This stands in contrast to the low-engagement group, where only about one in five believe that excellent quality service is always provided.

between .63 and .81.) The scale combines the following six questionnaire items:

- 1. I support and involve family members when requested by the
- 2. I involve patients in decisions about their care.
- 3. I have the time I need to talk with my patients to make sure they get the information they want about their medical condition, treatment or tests.
- 4. I get timely information about my patients' condition/treatment/tests.
- 5. I have the time and information to prepare patients for leaving the hospital/program.
- 6. I treat patients as individuals with unique needs and prefer-

The scores for the PCWE were divided into quartiles, making it easier to examine the relationship to engagement. Figure 5 shows the percentage of employees in the three engage-

FIGURE 3. Work unit provides top-quality patient care by level of engagement*



^{*} Includes only respondents with frequent or occasional direct patient contact (n = 6,988). Group differences are statistically significant (p < .001).

ment groups who are in each of the PCWE quartiles. Employees in the highest quartile have the most positive assessment of the six items measuring patient-centred work environment. We find a strong and consistent relationship between engagement and assessments of such an environment. Specifically, 46% of highly engaged employees have PCWE scores in the top quartile. By contrast, only 21% of disengaged employees are in the

top PCWE quartile. Equally important, while 6% of highly engaged employees fall into the lowest PCWE quartile, this rises to 38% among the least-engaged employees.

Patient-Centred Care

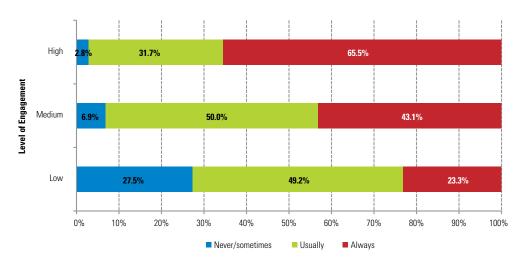
Creating and maintaining a patient-centred care environment has become a strategic goal for many hospitals. The EES captures the main dimensions of a patient-centred care environment. Using the same statistical techniques described above to create the EES, we constructed a multi-item Patient-Centred Work Environment Scale (PCWE). (This six-item scale has a range of six to 30, a mean of 21.2, a standard deviation of 4.8 and a Cronbach reliability α of .88, and factor loadings were

Safety Culture

The EES also measured patient safety culture. These measures are designed to inform improvements in patient safety, which is a priority for the Canadian healthcare system. Applying the same methodology as above, a six-item Patient Safety Culture (PSC) scale was created. (This six-item scale has a range of six to 30, a mean of 20.6, a standard deviation of 3.5 and a Cronbach reliability α of .78, and factor loadings were between .53 and .76.) The following questionnaire items make up this scale:

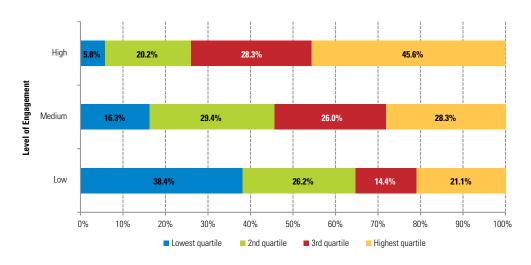
- Errors, near misses a n d incidents have led to positive changes here.
- After we make changes improve patient safety, we evaluate their effectiveness.
- We are informed about errors. near misses and incidents.
- My organization encourages us to report errors, near misses and incidents.
- Our procedures and systems are good at preventing errors, near misses and incidents from happening.
- Staff in my unit are actively doing things to improve patient safety.

FIGURE 4. Work unit provides top-quality services by level of engagement*



*Includes only respondents with no direct patient contact (n = 1,983). Group differences are statistically significant (p < .001).

FIGURE 5. Patient-centred work environment scale scores (in quartiles) by level of engagement*



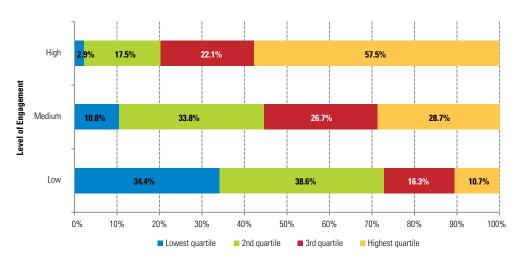
*Includes respondents with frequent or occasional patient contact (n = 6,949). Group differences are statistically significant (p < .001).

Figure 6 reports the results of the relationship between engagement and PSC scores, using quartiles for the latter. These results mirror what we saw in Figure 5 regarding a patient-centred work environment. If anything, the relationship between engagement and safety culture is even stronger, given that 58% of highly engaged employees are in the top quartile of PSC scores, while only 3% are in the lowest quartile.

Conclusion

This survey of hospital employees provides a unique opportunity to explore the dynamics of employee engagement in healthcare. The results show a consistently strong relationship between employee engagement and organizational performance, as suggested in the OHA's Quality Healthcare Workplace Model. However, we should be careful not to infer causation. Further analysis of EES and other employee survey data is required to

FIGURE 6. Patient safety culture scale scores (in quartiles) by level of engagement*



^{*}Includes respondents with frequent or occasional patient contact (n = 6,862). Group differences are statistically significant (p < .001).

test the direction of causation in these relationships and how they change over time. It is possible, for example, that being part of a high-performing team is among the "causes" of high engagement. Still, the results show that engagement levels are positively and consistently related to a range of mission-critical organizational outcomes in the 16 hospitals being studied.

While the study may not be fully representative of all Ontario hospitals, it does provide insights that will be useful to Ontario healthcare employers. The province's Excellent Care for All Act requires hospitals to measure, report and improve the work environment as part of their overall quality improvement plan. This study illustrates the types of employee survey measures that can contribute to overall quality improvement initiatives. And as more Ontario hospitals use the EES, its benchmarking potential will grow. Also useful would be national benchmarks of key outcome measures. This could include an engagement scale score, such as the one used in this study, or a single-item component of the engagement scale, such as job satisfaction (Lowe and Chan 2010).

We now have an evidence-based definition of employee engagement relevant to healthcare. Engaged employees have strong emotional, rational and behavioural attachments to their job and their organization. They experience pride, values congruence, and job and organizational satisfaction, and they feel enthusiastic and inspired in their work. In short, the engaged employee is the ideal employee. As the EES documents, engaged employees benefit patients and reduce the workforce costs associated with turnover. For healthcare leaders and policy makers, the overall conclusion is that higher levels of employee engagement must

become a strategic goal for all healthcare organizations.

Closing the engagement gap must be a priority. Indeed, the fact that one third of employees surveyed have low levels of engagement poses a significant risk to patient care, internal service quality and staffing budgets. Reducing the engagement gap must become part of risk management by hospital boards and executive teams. Results from surveys such as the EES can

help managers and employees to identify actions that will close the gap between the lowest- and highest-scoring groups by raising the lowest scores. In this study, the gap is wide, with a spread of between 45 and 73 percentage points in positive response levels on key drivers between the low-engagement and high-engagement groups. At the organizational level, focused and persistent efforts will be required to narrow this gap.

The EES results also highlight the importance of trust. Indeed, the key to unlocking higher levels of engagement is for managers at all levels to build trust with employees. Demonstrating basic respect, fairness and integrity in all dealings with staff is the basis for trust (Burchell and Robin 2011). Trust building is an incremental and ongoing process that happens in every interaction and becomes engrained in an organization's culture. A prerequisite in this regard is open communication. As well, culture becomes the vital link between positive staff experiences and performance. Other studies show that high-performance hospitals have distinctive cultures that empower middle managers, champion pro-performance values and clearly communicate a corporate vision that guides their actions (Mannion et al. 2005).

The profile of the engaged employee emerging from this study reinforces the importance of effective people practices (Michie and West 2004). Any manager can carry out a simple self-assessment by reflecting on how closely the organization's employees fit this profile. Highly engaged employees not only trust their employer, they also are able to improve how they work, feel valued and have clear job goals and a sense of team membership. They are able to perform effectively in their

job because they have a supportive supervisor and adequate resources and equipment. Their quality of work life is enhanced because the organization takes steps to promote staff wellness and work-life balance. And they understand that senior management is committed to high-quality care. None of these engagement drivers requires costly new programs. If anything, they call for a back-to-basics approach to how healthcare organizations manage and motivate their employees. HQ

Acknowledgements

I would like to thank OHA and NRC Picker Canada for making available the data analyzed in this article. Useful comments on earlier drafts were provided by Kimberly Burrows and Dana Ross at the Ontario Hospital Association, as well as Heather Dawson and Melanie Jameson at NRC Picker Canada.

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